

## Recreation and Leisure

Name \_\_\_\_\_

Date \_\_\_\_\_

### PREFERENCES

1. What recreational and leisure *activities* are chosen when given freedom to choose?

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2. What recreational and leisure *settings* are chosen when given freedom to choose?

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### FUNCTIONING AND CAPABILITY

1. What recreational and leisure skills are currently used?

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2. What recreational and leisure skills are possible if given an opportunity?

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3. What recreational and leisure skills are possible if given instruction?

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## Recreation and Leisure (Continued)

### PHYSICAL CHARACTERISTICS

1. What physical characteristics exist or may be lacking that may interfere with recreational and leisure development?

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2. What physical characteristics exist that may promote recreational and leisure development?

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### AGE APPROPRIATENESS

1. Are the recreational and leisure preferences age appropriate? \_\_\_\_\_
2. Are the recreational and leisure skills used age appropriate? \_\_\_\_\_

### ACCESS TO RESOURCES

1. Are community recreation and leisure programs available and accessible? \_\_\_\_\_
2. Are financial resources available for accessing home and community recreation and leisure opportunities?  
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\_\_\_\_\_
3. Is transportation to recreation and leisure opportunities available? \_\_\_\_\_
4. Is supported recreation and leisure available? \_\_\_\_\_